



Transformation and Healing in Sandplay and Meditation

The Netherlands Sandplay Society offers a celebration weekend from

June 5 - 7 2009

in honour of the fifth anniversary of its founding in 2004.

Martin Kalff, Alexander Esterhuyzen, Alexander von Gontard, Ulrike Hinsch
All four ISST Teaching Members will offer presentations

Program:

Friday 5 June 2009

- 14.00 Arrival and registration
- 18.00 Welcome and Introduction, Wouter Bleijenberg, president NVST
- 18.30 Welcome dinner
- 20.00 The integration of the Shadow in Sandplay and Buddhism, Martin Kalff, first of 3 presentations
- 21.00 Celebration Fire in the open air, participants will also receive materials and instructions for the making of a personal meditation stone from Anna Schwerdtfeger

Saturday 6 June 2009

- 08.00-09.00 Breakfast
- 09.30 The Integration of the Shadow in Sandplay and Buddhism, Martin Kalff, 2nd presentation
- 11.00 Coffee break
- 11.30 Psychological Transformation and Spirituality, Dr. Alexander Esterhuyzen
- 13.00 Lunch
- 14.30 Sandplay and Mindfulness, prof. Dr. Alexander von Gontard
- 16.00 Tea break
- 16.30- 18.00 parallel sessions (choose 1)
 - ✚ Symbolic Meaning of Sand as the Basic Element in Sandplay TherapyUlrike Hinsch
 - ✚ Natureplay Workshop.....Wouter Bleijenberg
 - ✚ Mindfulness Practice.....Gerrie Bleijenberg.
- 18.30 Dinner
- 20.00 informal time for meeting and greeting colleagues and friends
Trade Sandplay miniatures with other participants so be sure to bring some miniatures to trade with you. Fireside music and songs.

Sunday 7 June 2009

- 08.00-09.00 Breakfast
- 09.30 The Integration of the Shadow in Sandplay and Buddhism, Martin Kalff, 3rd presentation
- 11.00 Coffee break
- 11.30 Viewing the meditation stones with guidance from Anna Schwerdtfeger
- 12.00 Closing word, Jellemeike Hees vice-president NVST
- 12.30 Closing lunch
- 14.00 Departure from conference centre

ISST TEACHERS

We are pleased that **Martin Kalff** will be a keynote speaker. Our central teacher and supervisor, **Alexander van Esterhuyzen** will inspire us as always. Special presentations by **Alexander von Gontard** and **Ulrike Hinsch** will enrich the program. Members of the Netherlands society will offer a few experiential activities such as a Mindfulness and Natureplay workshop and the experience of making a personal meditation stone.

There will also be a Sandplay miniature exchange market where members can trade miniatures with each other so be sure to bring some miniatures with you. The weekend will further provide the opportunity for informal meetings with colleagues and renewing contacts with international sandplay friends.

The conference is intended to celebrate our birthday. **All the presentations are in English** It is a weekend for our members and advanced members of other national Sandplay societies. It is not an introductory conference. The presence of four ISST teaching members will allow participants to accumulate training hours. (9 hours)

Dates: June 5 starting Friday at 2PM until June 7 closing at Sunday 2PM.

Venue: Lovely, small ecological conference center set in the Dutch countryside.

See information on internet www.morgenstern.nl

Costs:

Before January 1, 2009 €450

After January 1, 2009 €495

Fee includes all presentations and activities, as well as accommodation based on double occupancy

There are **only a very few** single occupancy rooms (costs € 625,- before Jan.1 2009).

€ 650,- after Jan.1 2009)

Accommodation includes all meals, tea and coffee.

Meals are vegetarian. Additional drinks are not included, neither are transportation costs to the centre. Single rooms are very limited and will be allocated on a first come first serve basis.

If the number of registrations exceeds the number of rooms available at the conference centre we will be helping to book additional rooms at a nearby hotel.

Dr. Alexander Esterhuyzen

He is teaching Member of ISST and Vice-president of the ISST-Europe. President of the British and Irish Sandplay Association BISS. He is the teaching member for the Dutch Sandplay Society. He is certified Jungian Analyst (IAAP) and teaches in different countries as teaching member and analyst. He is Consultant Psychiatrist specialised in Psychotherapy and Psychiatrie of disability. Previously Jon Senior Lectures in Psychotherapy at St. George's Hospital Medical School, London.

He now works in East Surrey in the NHS and private practice.

Prof. Dr. Alexander von Gontard

Is teaching member of the ISST and of the German Society for Sandplay Therapy (DGST).

He integrates Sandplay and Mindfulness in practice.

He is director of the Department of Child and Adolescent Psychiatry of the Saarland University Hospital

He is Author of the book: "Theorie und Praxis der Sandspieltherapie. Eine Handbuch aus Kinderpsychiatrischer und Analytischer Sicht". (2007) W. Kohlhammer Verlag.

Dr. Med. Ulrike Hinsch

Dr. med. Ulrike Hinsch is a pediatrician with more than 30 years of working experience. She received her training as psychotherapist with the German Academy for Psychoanalysis and works with children, adolescents and adults in her private practice since 1991.

Her education in Sandplay Therapy she did mainly in Zürich and Stuttgart. She is teaching member of the ISST and the German Society for Sandplay (DGST) and serves of the board of the ISST. She has teaching experience in Germany and Brazil, the Netherlands, Italy, the UK and the US.

Dr phil. Martin Kalff

Dr Martin Kalff is Vice-President of the Swiss Society for Sandplay Therapy (SGSST).

He is a meditation teacher, Tibetan Buddhist scholar, and leading Sandplay therapist. In various personal meetings starting in 1969, he has received inspiration and encouragement by the Dalai Lama to continue his innovative work. In 1985, he was one of the 12 founding members of the International Society of Sandplay Therapy, and in 1991 he founded the Center for Sandplay Therapy, later renamed Pegasus: Center for Sandplay Therapy, Psychology of Religion, and Creative Expression. He is also co-founder of the Buddhist Center in Zollikon, Switzerland. Dr. Kalff has a private practice in Sandplay therapy treating children and adult clients, and teaches Sandplay therapy all over the world.

Nederlandse Vereniging voor Sandplay Therapie

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